



How To Make A Traditional Doll

Deadly Arts

Yolande Yarran-Ward is a Teaching Artist at The Song Room. Through The Song Room's Story Doll workshops Yolande facilitates the process of making traditional dolls and encourages community members to yarn together, share their stories and develop strong intergenerational connections. Follow Yolande's instructions to create your own traditional doll.

Check out the video on ARTS:LIVE to learn more about yarning and traditional doll making.

 60 mins +

 All ages (5+)

 Group Activity



Things to Think About with Yolande

Once you have finished your doll it's up to you how you finish your doll.

Everyone has their own story, their own connection to land, connection to family and community.

What clothes, facial features or hair will you add?

What story will you tell? Who will you share your story with?

What You Need

Your eco dye material
or a piece of calico

Doll Template

Pencil or pen

Hobby stuffing

Sewing needle

Cotton wool

Scissors

Fabric pins





1 Fold and trace
Fold your eco dye fabric in half.
Place your doll template on the
material and trace around it.



2 Pin together
Pin the material together.



3 Cut it out
Cut out the doll shape with
scissors.



4 Hand sew
Hand sew around your doll.
Make sure you leave a
3cm opening.



5 Add the stuffing
Stuff your doll with hobby stuffing.
Make sure you get it into every
part of the body of the doll.



6 Sew it up
Sew up the remainder
of the doll.



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