

Deadly Arts

Yarning and Traditional Doll Making



Hapa Zome Instructions

Equipment

- Hammers, mallets, rolling pins or even a hand-sized rocks.
- Cotton fabric e.g. calico or cut up bed sheet. The size can vary but approximately A4 is a good size to start.
- Assorted leaves and flowers (not dry).

Method

1. Collect a range of leaves and flowers.
2. Find a surface to hammer on. See Tips* below.
3. Place the natural materials on one half of the material.
4. Fold the other half the material over the top of the flowers.
5. Tap gently all over the material for several minutes.
6. Open up the material to see the amazing colours and prints!

*Tips

Go outside and find a flat area. Work on a tarp or use chopping boards or flat logs. Alternatively place a wad of newspaper underneath the fabric. So that the newspaper ink doesn't leach onto your fabric, cover it with wax paper or an old cloth.