

Course: Improvisation Starters Compilation

Lesson One: Focused Walking

Learning Area: The Arts

Strands: Drama

Time: 8 Minutes

Year Level: 5-6

Content Descriptor:

- Explore dramatic action, empathy and space in improvisations, play-building and scripted drama to develop characters and situations (ACADRM035).

Learning Focus:

- Students develop focus, spatial and physical awareness and creative-thinking skills.

Time:	Teaching and Learning Strategies:	Preparation and Resources:
8 minutes	Process Ask students to enter ‘the space’ and start walking around. It is important to encourage them not just to walk around in a circle, coach them to weave in and out of others in the class and fill up any gaps they may see. Then ask students to continue walking in the space, but this time they are to keep their eyes on two different people in the group and see if they can stay between them at all times, in a triangle shape. Once students have grasped walking in the space, introduce a number of imagined states for them to respond to. Such as: - They are late for school and have just heard the bell ring. - It’s raining and they haven’t got an umbrella. - They are lost. Invite volunteer students to demonstrate how they physically moved through the space.	Relevant ARTS:LIVE resources - Focused Walking video - What Is Focused Walking? activity sheet. Additional resources required - masking tape. Preparation Mark out a large square on the floor with masking tape. This area can be called the ‘performance space’, and will be a useful way to contain drama activities.