

Course: Create an Alphabet Dance

Lesson Four: Extending into Other Learning Areas

Learning Area: The Arts

Strands: Dance

Time: 45 Minutes

Year Level: 3-4

Learning Focus:

- Extension into Mathematics, Health and Physical Education, English.

Time:	Teaching and Learning Strategies:	Preparation and Resources:
5 minutes	Introduction Focus attention on the musical element of duration and the time required to complete each move and relate this to the tempo/beat of a piece of music. This will build awareness and understanding of the physical discipline of performing moves in sync with a piece of music.	Additional resources required • a clear space with enough room for each student to move freely with their arms stretched out to the side • comfortable clothes • a music player • a device for recording video/stills.
40 minutes	Process Some moves have a short duration, others take longer to complete. Discuss the idea of duration, and nominate examples from your alphabet of moves that have long/short durations. Divide the class into small groups and divide the alphabet of moves between each of the groups. Ask each group to perform each of their assigned letter moves. When students have completed their letter moves, conduct a discussion asking them to analyse the amount of time each letter move requires to be performed. Students can categorise their moves as 1-beat, 2-beat, 3-beat moves, and so on, and write down their findings. Some travelling moves may require 4 or more beats to be performed. As a class, share the duration findings for each letter move. Select a phrase or sentence to dance, and predict how many beats will be required to perform it. Ask one student to keep a steady pulse going on a drum or other percussion instrument while the dance sequence is performed (or you could use a metronome if you have one).	