

Dance Your Socks Off

Create An Alphabet Dance



Creating A Chorus And Combining Your Moves

Create a chorus for your dance that binds your performance together. The chorus is repeated frequently, becoming a familiar component that your audience looks out for and enjoys each time it reappears. Combine all your moves into a complete dance sequence.

What do you need?

- comfortable clothes
- pen
- paper
- a large space

Let's begin

1. As a group, come up with some words that you could use to perform the Alphabet chorus.
2. Write down all the words suggested by the group. Choose one of the words to be your group's 'chorus' word. (If you've decided to use a theme, select a word that reflects this theme.)
3. Revise the moves you will need for the chorus word.
4. Practise the chorus several times with the whole group.

What's next?

1. Create your complete Alphabet Dance by allocating words to be used as the introduction, verse, chorus and conclusion. Use a structure similar to:
 - introduction
 - verse
 - chorus
 - verse
 - chorus
 - conclusion
2. Perform your dance as a group.

Don't forget!

- The chorus acts as a hook to keep your audience engaged – make it interesting to watch!
- Listen to each other's suggestions. If there are a lot of great ideas, you might like to use chance procedures to choose (eg put all the ideas into a hat and draw out one).

What have you learned?

- Make a list of all the sections you came up with to create your complete dance.
- Why is a chorus important for a dance?
- What words did you come up with for your chorus? Why did you choose that word?